



NAMI

National Alliance on Mental Illness

**South Central
Iowa**

Outreach Specialist

NAMI South Central Iowa

Title: Outreach Specialist

Reports to: Team Leader

Location: Clarke, Ringgold, Marion Counties

Position Status: Contract

Salary Range: \$18/hour

Temporary Position: 30 hours /week through May, 2025

Job Overview

The Outreach Specialist position with NAMI South Central Iowa is key to its mental health disaster relief work, and is a collaboration between NAMI Iowa, and Iowa Department of Health and Human Services (HHS). Through their agency, Project Recovery Iowa, the project is set to assist individuals, families and communities recovering from the effects of natural disasters through community-based outreach and psycho-educational services. This is a newly created part-time, temporary (November 2024 through May 2025) contract position. Some area travel will be required.

The successful candidate(s) will have excellent communication and outreach skills, with a desire to serve and support their community. Preference will be given to those who live in the local counties, with knowledge of existing local resources.

Primary Responsibilities Include:

- In conjunction with the NAMI Iowa Team Leader, collaborate with other local providers to conduct outreach and engagement initiatives aimed at reducing stigma and increasing help-seeking behaviors among individuals affected by disasters.
- Provide service navigation to those impacted by disasters, ensuring they access necessary resources and assistance.
- Assist communities in effectively responding to disasters from a behavioral health perspective through individual and group peer support services.
- Enhance individual and community-level resilience, mitigating the development of serious mental health conditions and providing tools that support the natural recovery process following a disaster-related event.

Experience and Skills Required:

- Lived experience with mental illness either individually or as a family member
- Mental health training such as Psychological First Aid or a certified Peer Support

Specialist a plus. Training may be provided/required.

- Bachelor's degree or equivalent experience preferred but not required.



- Experience in nonprofit or government setting working with mental health, health or human service, first responders, justice system or public health programs, either as a paid staff person or volunteer
- Excellent organization and time management skills
- Excellent follow-through
- Self-starter, ability to work independently

Other Criteria:

- Excellent written and oral communication skills
- Experience collaborating with diverse communities in shared goals and mission surrounding mental health education, stigma reduction, and support of individuals and families
- Flexibility to adapt and support changing systems, circumstances, needs, and demands
- Ability to participate in multidisciplinary teams as a team member or leader
- Valid driver's license, or ability to arrange reliable transportation to affected areas; up to 50% travel may be required some weeks. Mileage is reimbursed at \$0.56/mile.

This position reports to the Team Leader. People of color, including bilingual and bicultural individuals, LGBTQ individuals, and people with disabilities are encouraged to apply.

Salary range is \$18/hour for approx. 30 hours per week. Hours may vary based on project timelines. Area travel required and mileage is reimbursed.

Due to the nature of the federal funds associated with this grant, these positions will be contract positions.